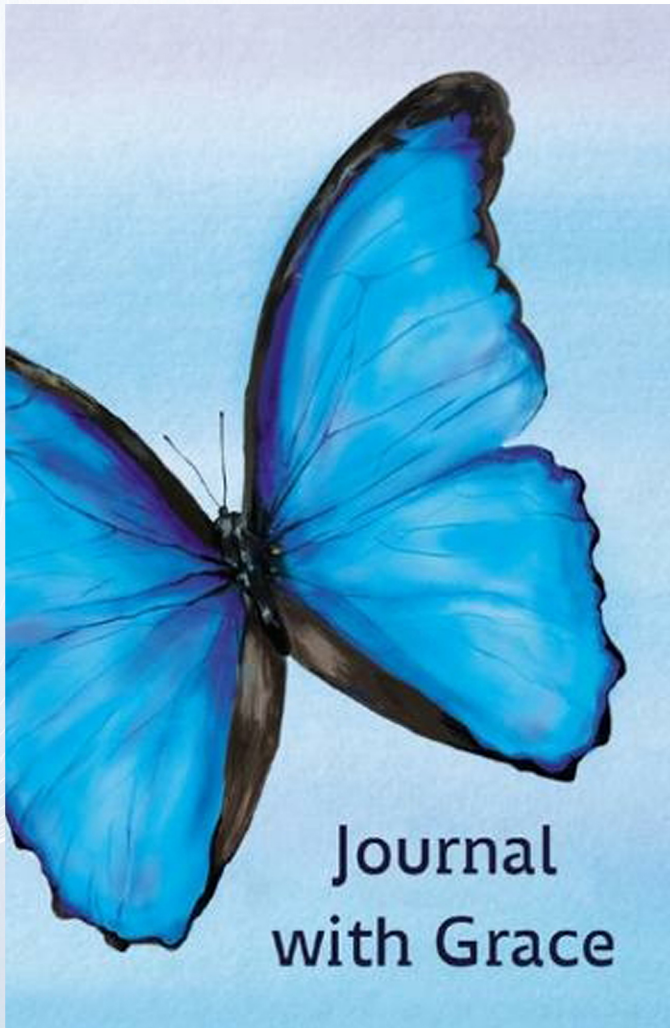


# Journal with Grace

- This simple yet beautiful journal is the first of the Sarah Grace range of journaling gifts. The perfect accompaniment to Journey With Grace by Sarah Grace as she encourages the reader to journal as part of the journey to a transformed life.

## **AUTHOR BIO**

Sarah Grace is an integrative psychotherapist in private practice and a director at Malcolm Down and Sarah Grace Publishing. Embracing her own life journey with dyslexia, she uses her counselling and coaching skills, to work closely with clients helping them lead a more fulfilling life. She is also the author of Journey with Grace.



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