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Walking back to Happiness

PENELOPE SWITHINBANK

- Two vicars, their marriage in tatters with wounds reaching far back into the past, set out on a journey to find healing and restoration. Their route will take them from the Mediterranean to the Atlantic, but will it help them find their way home?

- Along the 320-mile route across rural France, burdened by backpacks and blisters, Kim and Penelope stumble across fresh truths, some ordinary, others extraordinary. But will they be defeated by the road ahead or triumph over the pain of the past? Is there a chance they'll find themselves in France and walk back to happiness?

- In this simple but enchanting book, part travelogue and part pilgrimage, Penelope invites you to walk with her and her husband on their epic journey as they encounter new faces and new experiences, and reconnect with each other and with God. Every step of the way, you'll discover more about yourself and what's really important to you.

AUTHOR BIO

Penelope Swithinbank is a chaplain at Bath Abbey and a spiritual therapist and counsellor for clergy. Since becoming a vicar nearly 20 years ago, she has worked in churches in the UK and the USA, and has led pilgrimages in the UK and in Europe. She and her husband Kim have been married for more than 40 years and have three children and six grandchildren.

ENDORSEMENTS

'Crossing France on foot, Penelope makes peace with the pain and trauma of previous years. You will be uplifted, cheered and inspired by this book.'

Jo Swinney, author of *Home - the Quest to Belong*

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