

LIVING FULFILLED LIVES

Empowering People with Learning Disabilities



SUE SUTTON

Living Fulfilled Lives

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- Living fulfilled Lives is for anyone who wants to make a positive difference to the lives of those with a learning disability. This includes professionals, teachers, carers, parents, researchers and the general public.
- It draws together skills and knowledge from different disciplines but without the jargon.
- Its aim is to make us all aware of the hopes, dreams and aspirations of those with a learning disability and empower them to live the fulfilled lives they deserve.



AUTHOR BIO

Sue has nearly 50 years of experience working with people with learning disabilities, starting as a young volunteer at one of Hertfordshire's long stay hospitals whilst still at school. She subsequently trained as a special needs teacher. Her teaching career gave her experience of working with children and adults with a variety of learning disabilities ranging from mild to severe, including those with autism spectrum disorder, ADHD, challenging behaviour, PMLD and mental health issues.

More recently she has developed training programmes for those working with people with learning disabilities, published a PSHE teaching pack and presented at conferences. Her desire is to encourage excellence, equip all who share in the lives of those with a learning disability and to promote acceptance and integration within every area of society.

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